

BULLETIN

Week of September 9, 2024

Follow us on social media!



Attention all National Federations! We would appreciate it if you could share this bulletin with your entire Aquatic Family.

Featured Athletes:

Majo Ccoyllo and Adriana Toullier (Peru Artistic Swimming)



A year ago, Majo Ccoyllo and Adriana Toullier joined forces to compete as an artistic swimming duet. Since then, they have made their mark on the sport. This dynamic duo has competed at the World Aquatics World Cup in Paris and at the World Championships in Doha, where they secured third place in all of South America. Last year, at the PanAm Aquatics Artistic Swimming Championship, they were crowned Pan American champions in the free duet and runners-up in the technical duet.

Majo has dedicated 11 years to this demanding sport, while Adriana has accumulated a decade of effort and dedication. Artistic swimming is a sport that requires years of practice, body control in the water, and mastery of complex figures. As Adriana comments,

"Seeing other countries motivates you to keep training more, to keep improving... especially when you make the national team. Representing your country is the greatest pride you can have." Majo shares that passion, expressing that she feels "very happy to be able to represent [their] country once again."

With high expectations for this Pan American Championship, both are determined to give their all for Peru, confident in having a standout performance and competition. This duet is very special, as their main goal this year is to shine at the Pan American by categories and at the South American Championship in Cali, Colombia. They are well on their way to achieving these great goals after their excellent performance at the PanAm Aquatics Age Group Artistic Swimming Championships in Lima, 2024.



NEWS

➤ [PanAm Aquatics Annual Convention - Save the Date!](#)

We are excited to announce that the PanAm Aquatics Annual Convention will take place virtually from **November 1st to the 3rd**.

This event is your chance to immerse yourself in 3 days of learning, growth, and connection with the aquatics community across the Americas.

Expect inspiring sessions led by industry experts who are shaping the future of aquatics. Whether you're an athlete, coach, official, federation staff, or parent, this convention offers valuable insights and the opportunity to enhance your knowledge and skills.

Keep an eye out for pre-registration details through your National Federations, with general registration opening soon. This is more than just a convention—it's a movement to better aquatics across our continent. Don't miss out on this incredible experience! Mark your calendars and get ready to dive in!



- [Two New Partnerships](#) to provide the PanAm Aquatic family with resources. [Press Release](#)
 - Academy of Leadership Sciences Switzerland (ALSS) to enhance education and development across the aquatic community in the Americas.
 - Beine Wellness Building, a trailblazer in performance nutrition, uses advanced genetic and lifestyle analyses, to offer PanAm Aquatics members cutting-edge nutritional support, elevating both training and competition.
- [Full results](#) from the PanAm Aquatics Age Group Open Water Championships Ponce 2024
- [Full results](#) from the PanAm Aquatics Age Group Artistic Swimming Championships Lima 2024
- [Full results](#) from the PanAm Aquatics Age Group Swimming Championships San Juan 2024
- [Full results](#) from the PanAm Aquatics Masters Championships Trinidad & Tobago 2024
- **MALMSTEN PRO LANE LINES FOR SALE:** GREAT DEAL to buy the 11 - 50m Gold PRO (6" diameter) lanelines used at the 2023 Santiago PanAmerican Games, retails for more than US\$ 12,000.00, offered for US\$ 8,600.00 plus shipping. Contact: office@panamaquatics.com

PAQ EVENTS

November 1 -3, 2024	2 nd Annual PanAm Aquatics Convention (Virtual)	Registration and Program follows soon!
November 19 - 25, 2024	2024 PanAM Aquatics Water Polo Championships Ibague (COL)	Click here for the Summons Click here to Register

Interested in hosting a PAQ Championship?

November 1-3, 2024 Contact office@panamaquatics.com for more information





PAQ ~ AQUA Webinars & Clinics for Coaches and Technical Officials

Sept 12-14, 2024	Diving	Technical Officials	Lima, Peru	World Aquatics Diving Certification Course for Technical Officials Memo Program	Register with your NF Deadline: August 7
Sept 20-22, 2024	Artistic Swimming	Technical Officials	Montreal, Canada	World Aquatics Artistic Swimming Development Course for Technical Officials – Advanced Level Memo Program	Register with your NF Deadline: August 12
Sept 20, 2024	Water Polo	Coaches	Virtual	6-8 Sports Coaching Certification Part 1 “Crawl”	Click here to register
Oct 9-11, 2024	High Diving	Coaches	Brasilia, Brazil	Level 1 (part 1)	Click here to register
Oct 10-12, 2024	High Diving	Technical Officials	Brasilia, Brazil	World Aquatics High Diving Certification Courses for Technical Officials Memo Program	Register with your NF Deadline: August 12
Oct 17, 2024	Open Water	Coaches	Virtual	Q & A with Panel of Coaching Experts	Click here to register
Nov 15-16, 2024	Swimming	Coaches	Virtual	The Hungarian program	Session 1 Session 2
Nov 25-27, 2024	Diving	Coaches	Brasilia, Brazil	Athlete Development	Click here to register
Dec 7, 2024	High Diving	Coaches	Virtual	Level 1 (part 2)	Click here to register

- Visit the [PAQ website](#) and [PAQ YouTube](#) for all previous webinars

WORLD AQUATICS EVENTS

WATER POLO

U18 World Championships:

- Women's September 15 - 22, 2024 in China [click here](#) for the bulletin.
- [Schedule](#)
- Qualified Countries from the Americas:
USA, BRA, CAN, ARG, MEX

[Qualification system for Water Polo at the 2025 Singapore World Championships](#)

OPEN WATER SWIMMING:

World Cup Series:

1. Hong Kong October 26-27, 2024 [click here](#)
2. Israel, TBD [click here](#)



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ARTISTIC SWIMMING:

SWIMMING:

World Cup Series: [Website](#)

	Shanghai (CHN)	Incheon (KOR)	Singapore
Competition	18 - 20 October	24 - 26 October	31 Oct - 2 November
Qualification period	18 June 2023 - 17 September 2024	24 June 2023 - 23 September 2024	2 July 2023 - 1 October 2024
GMS Registration & Sport Entries	17-Sep-24	23-Sep-24	1-Oct-24
GMS travel details deadline	7-Oct-24	30-Sep-24	1-Oct-24
Official training	15-17 October 2024	21-23 October 2024	28-30 October 2024
Technical meeting	17-Oct-24	23-Oct-24	30-Oct-24
Preliminary accommodation request deadline	10-Sep-24	9-Sep-24	13-Sep-24
Final accommodation deadline	25-Sep-24	23-Sep-24	27-Sep-24
Accommodation payment deadline			30-Sep-24
Accommodation inquiries	teddertao@outlook.com	atsreservation@atsports.co.kr	sinswc@sqaquatics.org.sg
Information Bulletin	Info	Info	Info

2024 World (25m) Championships Budapest

- [Summons](#)
- [Information Bulletin](#)
- December 10 – 15, 2024
- Qualification period August 17, 2023 - November 17, 2024
- Information [click here](#)
- [Application for Qualifying Events](#)
- [Qualifying events](#)
- [Qualification procedures](#)
- Application for Technical Officials: [Guidelines](#); [Application form](#)
- [Uniform advertising guidelines](#)

DIVING

World Aquatics Junior Diving Championships 2024

- Rio de Janeiro, Brazil November 24 – December 1, 2024
- Information Bulletin [HERE](#)
- Preliminary Entry Form [HERE](#) (by 19 Sep 2024)
- Judges Nominations Form [HERE](#) (by 19 Sep 2024)
- Final GMS registrations & Sport Entries [HERE](#) (by 19 Oct 2024)
- Final Accommodation Form [HERE](#) (by 19 Oct 2024)

Recognized Events:

1. 2nd Malaysia Open Diving Championships, Kuala Lumpur November 1-4, 2024 [click here](#)





HIGH DIVING

Competitions:

1. Brasilia, Brazil October 11 – 13, High Diving Cup [click here](#)
 - a. Information Bulletin **HDWC Brasilia 2024** [HERE](#)
 - b. World Aquatics High Diving World Cup 2024 Rules and Regulations [HERE](#)
 - c. Preliminary Accommodation Form [HERE](#) (August 23)
 - d. Final entries, registrations, and final accommodation Form ([HERE](#)) (September 6)
 - e. Flight details (September 13)
 - f. Event Contact: saltosbrasil@cbso.org.br
2. Brasilia, Brazil, October 11 – 13, High Diving Junior World Championships [click here](#)
 - a. Information Bulletin **JHDC Brasilia 2024** [HERE](#)
 - b. Preliminary Accommodation Form [HERE](#) (August 23)
 - c. Final entries, registrations, and final accommodation Form ([HERE](#)) (September 6)
 - d. Flight details (September 13)
 - e. Event Contact: saltosbrasil@cbso.org.br

OTHER EVENTS IN THE REGION

DIVING 2024 Pacific Cup in Lima, Peru September 12 – 15, 2024. Click here for the summons

OPEN WATER: International Festival in Lake Peten Itza, Isla de Flores, Peten, Guatemala September 27 – 29, 2024. [Summons](#) and [Program](#)

SWIMMING 2024 TYR Giants Open October 10 – 13, 2024 in Aruba. **AQUA Qualifier for World 25m Budapest** [Click here](#) for registration information

SWIMMING Puerto Rico International Open October 9 – 12, 2024 **AQUA Qualifier for World 25m Budapest**. [Click here](#) for the summons.

ISHOF Coaches and Swimmers Clinics: October 4-6, 2024 at the International Swimming Hall of Fame in Fort Lauderdale, Florida, USA. . [Check out the presentors](#).
For more information: swimclinic.com

Special Price for PanAm Aquatics: \$175 for coaches and \$150 for swimmers

SWIMMING 5th International Invitational “Bridging the Gap” October 29 – November 2, 2024 in Barbados. [Click here](#) for the summons.

SWIMMING 22nd Aruba Dolphins Age Group Invitational October 31 – November 3, 2024, in Aruba. [Click here](#) for the summons.

DIVING & HIGH DIVING Diving Plongeon Canada & Fort Lauderdale Diving Club host the [2024 International Winter Festival Invitational](#) in Fort Lauderdale, Florida, USA, December 11-15. [Preliminary entry form](#)





RESOURCES FOR ATHLETES

- [AQUA Athletes Committee Toolkit](#) and all relative information for National Federations. For those that attended the webinar, kindly respond to this [survey](#) to provide your feedback.
- International Testing Agency Webinar of “Things you need to know for 2024”.
 - Webinar summary [click here.](#)
 - ITA’s YouTube Page [click here.](#)
 - 2024 WADA Prohibited List Article “What you need to know” [click here.](#)

List of prohibited Substances and Methods published by WADA for 2024 [Click here](#)

- List the [PAQ website](#) for all previous webinars and [UNDERWATER CHATS](#) Athletes Series

FROM OUR PARTNERS

Fluidra: The ideal equipment for the perfect athlete's experience



The performance of athletes depends not only on their training, but also on the quality of the environment in which they compete. That's why Fluidra, an official partner of Panam Aquatics, boosts athletes' performance with innovative water treatment systems and competition accessories certified by World Aquatics, guaranteeing optimum performance in every competition. Transform your pool into a high-performance centre with Fluidra! [Find out more here.](#)

Malmsten:



“Thank you, Paris, the incredible organizers, and all the fantastic volunteers – the 2024 Olympics were unforgettable! Malmsten is beyond thrilled to have been chosen once again as an Official Supplier, delivering our world-class racing lane lines and water polo equipment to the ultimate stage of global athletics.





6-8 Sports:

In collaboration with PAQ WPC and supported by AQUA, 6-8 released the [Coaching Clinics series](#), scheduled to start September 20th at 4:00 pm ET. Check out the program and [sign up](#) to get free access to [6-8 Mobile app](#) and [6-8 Games Desk](#) technology. Be part of this innovative program that will bring water polo to the next level in the Americas

Beine Wellness Building:

We're excited to announce that our partner, Beine Wellness Building, is offering an exclusive \$200 discount on their Genetic Reboot Program and Food Sensitivity Testing Program to all PAQ members—athletes, coaches, and officials alike. They are also providing valuable resources for our athletes - and in this bi-weekly edition of the PAQ bulletin, we focus on fueling for performance! Be sure to check out these [sneaky signs that you might be under-fueling](#) and explore their guide on [how to best fuel for practice](#). Take advantage of these incredible tools to optimize your nutrition performance!

Academy of Leadership Sciences Switzerland (ALSS):

We're excited to announce that the Academy of Leadership Sciences Switzerland (ALSS) is offering several sport-focused courses in the coming months, and PanAm Aquatics members—including athletes, coaches, officials, and national federations—can enjoy a 25% discount!

Upcoming courses include:

- [Introduction to Sports Law \(for Non-Lawyers\)](#), starting on September 16
- [Introduction to Dispute Resolution in Sport](#), starting on October 8
- [Introduction to Risk Management for Sporting Events](#), starting on October 9
- [Introduction to Sports Development](#), starting on October 15
- [Data Protection in Sports](#), starting on October 16

You can find this and past bulletins in our [website](#)



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